



2023 Photo Competition Winners



Anna Gullo – QLD

Walking group: Townsville Hike and Explore

Taking steps towards heart-healthy adventures with a smile! Our hiking group, led by our four fearless ladies and their trusty four-legged companion.



Barry Webb - SA

Walking group: Myponga Walkers

Myponga Reservoir kangaroos

Hayley Ferguson – QLD

Walking group: Canelands Mall Walking Group

Monday morning at Caneland Central



Carol Davis – NSW

Walking group: Windang Walkers

In Step to Beat It and Survive!



Christine Kinloch – NSW

Stunning walk in Tasmania - the dark sky didn't put us off our walk!





Lyn Stokes – NSW

Walking group: Oyster Bay Walkers

Walk the Bay with Heart and Sole!



Melinda Scott – NSW

Walking group: KGV Walking Group

Under the Harbour Bridge!



Stephen Morrison – NSW

Walking group: The Man Walk Kempsey

Some tall tales are shared as we walk.



Phil Elwin – NSW

Walking group: SWAT (Sutherland Walk and Talk)

Helping hand, Illawarra Coast



Sharon Abbott – NSW

Walking group: Gymea Finally Friday

Fun, Fit, Friendly, Finally Friday Walkers



Sue Hunter – SA

Walking group: Happy Wanderers
Renmark



Clare Vaughan – VIC

Walking group: Archie Graham Community
Centre Beach Buddies

*500 walks along the Lady Bay Foreshore at
Warrnambool – feeling grateful for a decade of
fun and friendship*



Karen Malherbe – WA

Walking group: Vasse Walking Group

*Friendship, fun, fitness and fabulous
scenery*



Cheryl McKeen – NT

Walking group: Mitchell Centre Walking Group

The Popular Darwin Deckchair Cinema Stairs Walk



Liane Harkin – VIC

Walking group: Cardinia Wanderers

Another Happy Day!



Lynn Boyd – QLD

Walking group: Bravo Movers Walking Group (Bravo Disability Support Network)

Step by Step: Bravo Movers Recreate Beatles Mania



Dallas Bailey – QLD

Walking group: Canelands Mall Walking Group

Friday morning at Caneland Central



Christine Hillier & Trevor Mead – SA

Walking group: Mawson Lakes Striders

In action next to the lake



Suzie Leadabrand – WA

Walking group: Happy Wanderers

Happy walking in all kinds of weather (Kalamunda National Park)



Robyn Erwin – NSW

Walking group: SWAT (Sutherland Walkers and Talkers)

Cape Baily Lighthouse Track, Kamay National Park, Kurnell